Warm up section 1: 7:30am - 8:30am | Event Start 8:30am - 5.30pm

DAY	50 Pool Long Course	Time (hh:mm:ss)	Finish Time	Event	16 Years & Over	15 Years	14 Years	13 Years	12 Years	11 Years	10 Years	9 Years
Day 1: Friday 23nd January 2026	Session 1	8:30am		200m Freestyle (HDW)	/	/	/	/	/	/	/	/
				100m Breastroke	/	/	/	/	/	/	/	/
				200m Medley (HDW)	/	/	/	/	/	/	/	/
				Lunch Break (1 hr) + includes additional warm up								
	Session 2			100m Butterfly	/	/	/	/	/	/	/	
				50m Backstroke	/	/	/	/	/	/	/	/
				200m Breastroke (HDW)	/	/	/	/	/			
				Finals (Time Permitting)								
	Session 3			4x50m Freestyle Relay							9 to 10 Years	
				100m Breastroke	/	/	/	/	/			
				100m Butterfly	/	/	/	/	/			
				50m Backstroke	/	/	/	/	/			
			5:30pm	4x50m Freestyle Relay	15 Years & O		13 to 14 Years		11 to 12 Years			
Day 2: Saturday 24th January 2026	Session 4	8:30am		400m Individual Medley (HDW)	/	/	/	/	/			
				100m Backstroke	/	/	/	/	/	/	/	/
				200m Butterfly (HDW)	/	/	/	/	/			
				50m Breaststroke	/	/	/	/	/	/	/	/
				Lunch Break (1 hr) + includes additional warm up								
	Session 5			50m Butterfly	/	/	/	/	/	/	/	/
				200m Backstroke (HDW)	/	/	/	/	/			
				100m Freestyle	/	/	/	/	/	/	/	/
				Finals (Time Permitting)								
	Session 6			100m Backstroke	/	/	/	/	/			
				50m Breaststroke	/	/	/	/	/			
				50m Butterfly	/	/	/	/	/			
			5:30pm	100m Freestyle	/	/	/	/	/			
Day 3: Sunday 25th January 2026	Session 7	8:00am		400m Freestyle (HDW)	/	/	/	/	/			
				50m Freestyle	/	/	/	/	/	/	/	/
				Finals (Time Permitting)								
	Session 8			4x50m Medley Relay	15 Years & O		13 to 14 Years		11 to 12 Years		9 to 10 Years	
			12:15pm	50m Freestyle	/	/	/	/	/	/	/	/
		12:45pm	1:30pm	Award								

NOTES:

- To maintain consistency across all FOBISIA Invitational events the age up date will be the swimmers age on 1st August of the academic year of the competition.
- Athletes are not permitted to age up for individual events, swimmers may age up to allow a relay to take place, this swimmer must swim in the same relay age group for the entirety of the meet.
- Individual Entries:
  - Swimmers 9 Years – may enter eight (8) individual events per swimmer plus two (2) relays. Individual events - 50m events and 100m Backstroke, Breaststroke and Freestyle, 200m Freestyle, 200m IM
  - Swimmers 10 & 11 Years – may enter eight (8) individual events per swimmer plus two (2) relays. Individual events - 50m, 100m events and 200m Freestyle, 200m IM
  - Swimmers 12 Years and above - may compete in all events - eight (8) individual events per swimmer plus two (2) relays.
- Relay Entries : One (1) Relay entry per team, per gender, per event - relay team names must be declared on entry file.
- The **'Preliminary Events'** will be conducted with participants grouped in multi-age categories, while the **'Finals'** will be organised by specific age groups.
- Warm up will open at 7.30am. Daily transfers to Thanyapura from the hotel will be at 6:05am. TEEMS staff will be in attendance at hotels for all departure times.
- All schools will be met at the airport and hotel by a TEEMS Representative on Thursday 22nd January 2026
- Airport transfers will be available directly from Thanyapura on Sunday 25th January 2026. Please do not book flights earleir than 4pm.
- Late check out is available at all hotels (subject to availability).
- An extra night stay is avaialble on request.
- **Buffet lunch is available on Friday and Saturday between 11am and 1.30pm.**
- Sunday Lunch will be an option to purchase snack boxes - information to follow.

FOBISIA

ESTABLISHED IN 1988

The Federation of British International Schools in Asia

'FOBISIA Swimming'

The FOBISIA Swimming Invitational Competition Rules and Regulation

Updated May 2025

Meet Information

The FOBISIA Swimming Championships Events will run over a maximum of three (3) days with the final day finishing by midday to allow travelling schools sufficient time to travel back to their home country.

Due to hosting constraints, division championships may be hosted on different dates, swimmers may not compete in both championships when this occurs.

Sessions will be a maximum of 10 hours in duration from the start of the first event of each day including all breaks.

Lunch breaks will be a minimum of one (1) hour in duration - during this time it may be possible for a second warm up at the discretion of the host school or facility.

1. Age Up Date

To maintain consistency across all FOBISIA Invitational events the age up date will be the swimmers age on 1st August of the academic year of the competition.

2. Age Groups

Individual Age Groups	9, 10, 11, 12, 13, 14, 15, 16 Years & Over
Relay Age Groups	9 - 10, 11 - 12, 13 -14, 15 Years & Over

Athletes are not permitted to age up for individual events, swimmers may age up to allow a relay to take place, this swimmer must swim in the same relay age group for the entirety of the meet.

3. Events

Individual Events:	
50m Events	All Strokes
100m Events	All Strokes
200m Events	All Strokes & Individual Medley
400m Events	Freestyle & Individual Medley
Relay Events (boys, girls): **1 Relay entry per team, per gender, per event** - relay team names must be declared on entry file.	
4 x 50m	Freestyle and Medley

3.1 Individual Entries

Swimmers 9 Years – may enter **eight (8)** individual events per swimmer plus **two (2)** relays. Individual events - 50m events and 100m Backstroke, Breaststroke and Freestyle, 200m Freestyle, 200m IM
Swimmers 10 & 11 Years – may enter **eight (8)** individual events per swimmer plus **two (2)** relays. Individual events - 50m, 100m events and 200m Freestyle, 200m IM
Swimmers 12 Years and above - may compete in all events - **eight (8)** individual events per swimmer plus **two (2)** relays.

3.2 Relay Entries

One (1) Relay entry per team, per gender, per event - relay team names must be declared on entry file.

3.3 Scoring

A maximum of three (3) swimmers per event per team will score points, teams may enter more than three (3) swimmers - additional swimmers will not score points.

Individual Places 1- 19
24, 21, 20, 19, 18, 17, 16, 15, 14, 13, 11, 9, 8, 7, 6, 5, 4, 3, 2 points
Swimmers placed 20th onwards all score 1 point.

Team Places 1 - 20:
48, 42, 40, 38, 36, 34, 32, 30, 28, 26, 22, 18, 16, 14, 12, 10, 8, 6, 4, 2 points

3.4 Seeding and Finals

If, after the closing date the timeline indicates that it is not possible to conclude the meet by midday on day 3 all events will be swum as **Heat Declared Winner** (HDW) - priority is to ensure that swimmers do not spend an excessive amount of time on poolside each day.

All events are swum as single gender events.

All 200 and 400m events will be swum as **HDW**, there are no finals for these events. These events will be multi-age super seeded ensuring the final heats contain the fastest swimmers per age group and gender.

All 11 & Under age group events will be swum as multi-age super seeded. The final heats will be the fastest entry seed times per age group and gender.

3.5 Awards

Awards (medals and ribbons) will be presented throughout the meet. Swimmers will be able to collect these from the Medal Presentation Area 45 minutes after the conclusion of that event.

It is the responsibility of the swimmer to collect their awards
Team awards will be presented at the conclusion of Day 3.

3.6 Medals

Gold, Silver, and Bronze medals shall be awarded to the first three places in both individual and relay events. In case of equal times, medals shall be awarded as follows:

1st place: 2 Gold - no Silver, 1 Bronze
2nd place: 1 Gold, 2 Silver - no Bronze
3rd place: 1 Gold, 1 Silver, 2 Bronze

In case of 3 equal times medals shall be awarded as follows:

1st place: 3 Gold - no Silver, no Bronze
2nd place: 1 Gold, 3 Silver - no Bronze
3rd place: 1 Gold, 1 Silver, 3 Bronze

3.7 Ribbons

Numbered Ribbons shall be presented to all swimmers who place 4th - 16th in individual and relay events. The first place winner of each heat will receive a Heat Winner Ribbon upon exiting the pool.

3.8 Trophies

FOBISIA Swimming Team Trophy - for the top three (3) point scoring teams

FOBISIA Swimming Visiting Team Trophy - for the top point scoring travelling team (excludes teams from the host country)

FOBISIA Swimming High Point Average Champions – for the team with the highest point average per swimmer. Minimum team size of 10 swimmers.

FOBISIA Swimming Team Age Group trophies - for the top three (3) point scoring male and female teams in the following age groups:

9-10, 11-12, 13-14, 15 Years and Over

FOBISIA Swimming Individual Trophies - for the top three (3) point scoring male and female individual swimmers in the following age groups:

9, 10, 11, 12, 13, 14, 15, 16 Years and Over

In an event where two swimmers/relay teams tie on time in the top ten (10) in their age group, the total points will be added and then halved to each swimmer/relay team. E.g. 5th and 6th tie on time, 18 + 17 = 35 and then halved will mean both swimmers/relays will score 17.5 points.

4. Rules

World Aquatic rules apply throughout; these can be accessed at http://www.worldaquatics.com, the meet will be a National Qualifying licensed meet officiated by swimming officials of the host country.

Exceptions to World Aquatics rules:

- Two timers will time each lane.
- The following officials shall be appointed:
    - Referee (2)
    - Starters (2)
    - Judge of strokes (4)
    - Chief Inspector of Turns (2)
    - Inspectors of turns (8)
    - Finish Judges (2)
    - Timekeepers per lane (2)
- If the swimming governing body of the host country requires a different number of officials this shall be followed
- Relay teams will consist of only four (4) declared swimmers

False starts will operate under World Aquatic rules:

Any swimmer initiating a start before the signal may be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again.

Place judges will decide finishing positions for 1st, 2nd, 3rd and 4th places rather than using times. The times will be used for personal records only. Times will decide all other finishing positions.